



# Failure to Resilience: Managing Frost Heave and Expansive Clay Soils in Infrastructure

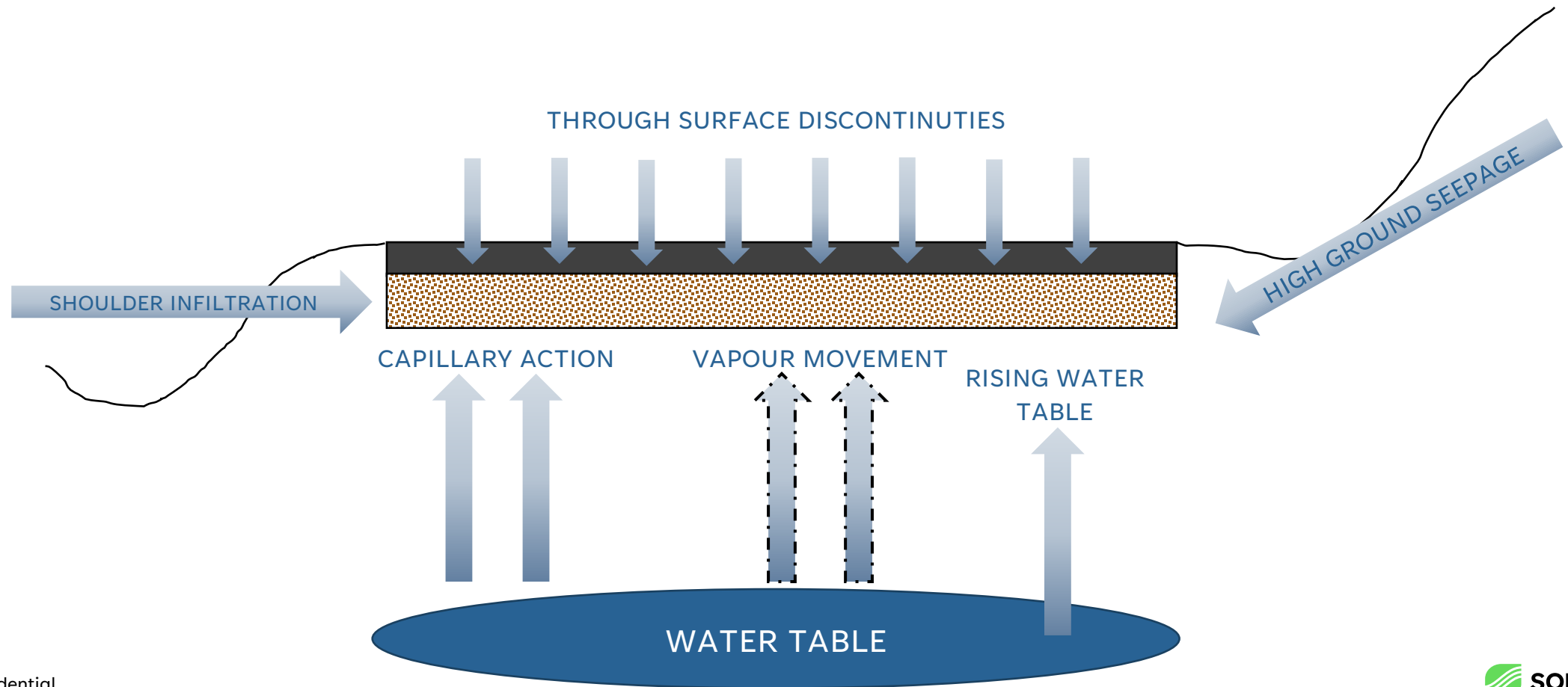
Transportation Connects 2025  
Edmonton, Alberta

Brock Nesbit, ASCT  
Engineering Business Manager





# *The biggest challenge to achieving the 100-year pavement foundation is moisture.*





# Failure to Resilience: Managing Frost Heave and Expansive Clay Soils in Infrastructure

City of Grande Prairie, 116<sup>th</sup> Street  
Reconstruction

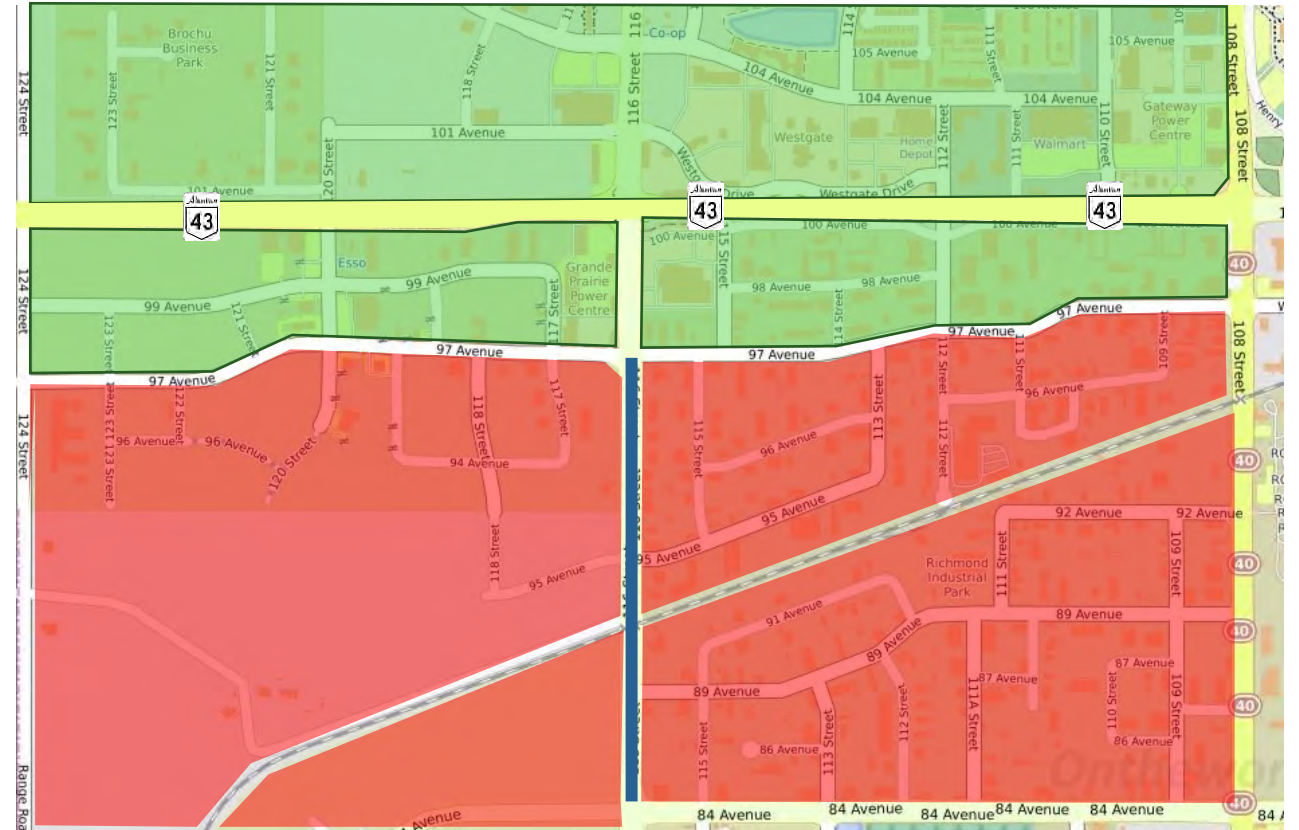


CPKC Rail, Scotford Subdivision Ballast  
Repairs



# City of Grande Prairie

- **Reconstructed in May 2011**
- **12,290 Average Annual Daily Traffic (AADT)**
- **25-year design ESAL's: 6.0 million**



# 116<sup>th</sup> Street Reconstruction

## 2011 As-Builts

60 mm ACP – 12.5 mm

60 mm ACP – 16 mm

300 mm GBC – Des2 Cl25

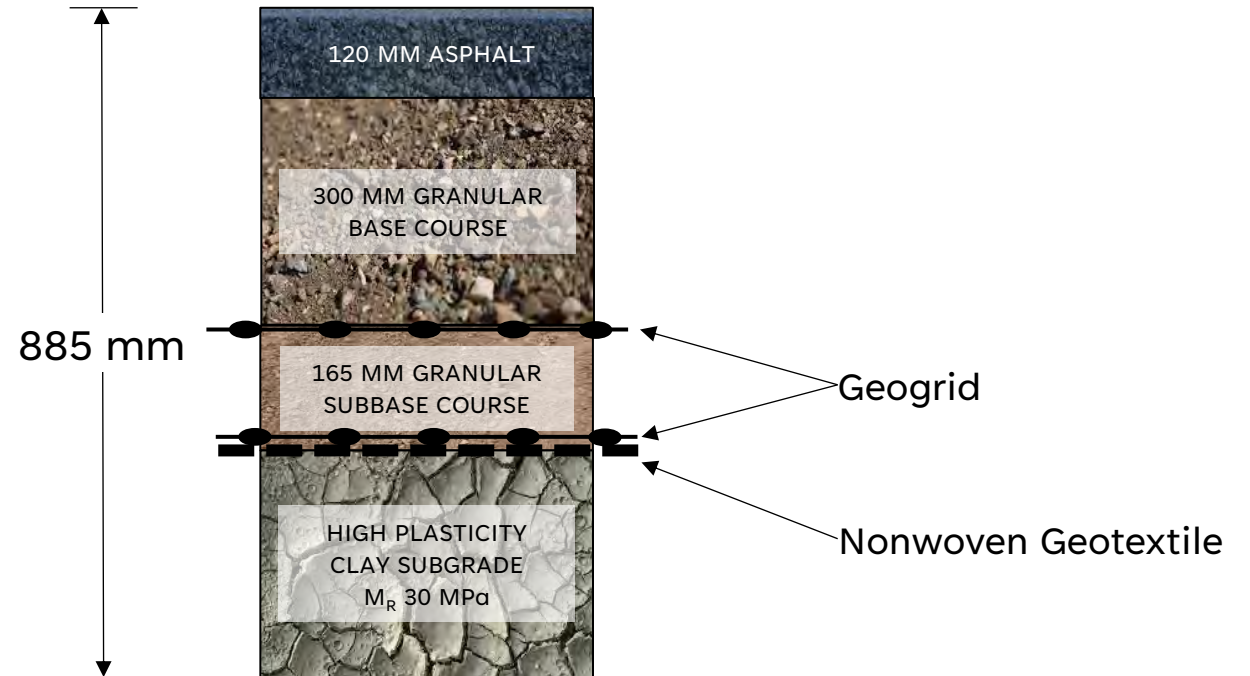
Geogrid

165 mm GSBC – Des2 Cl40

Geogrid

6 oz. Nonwoven Geotextile

300mm Moisture Conditioning





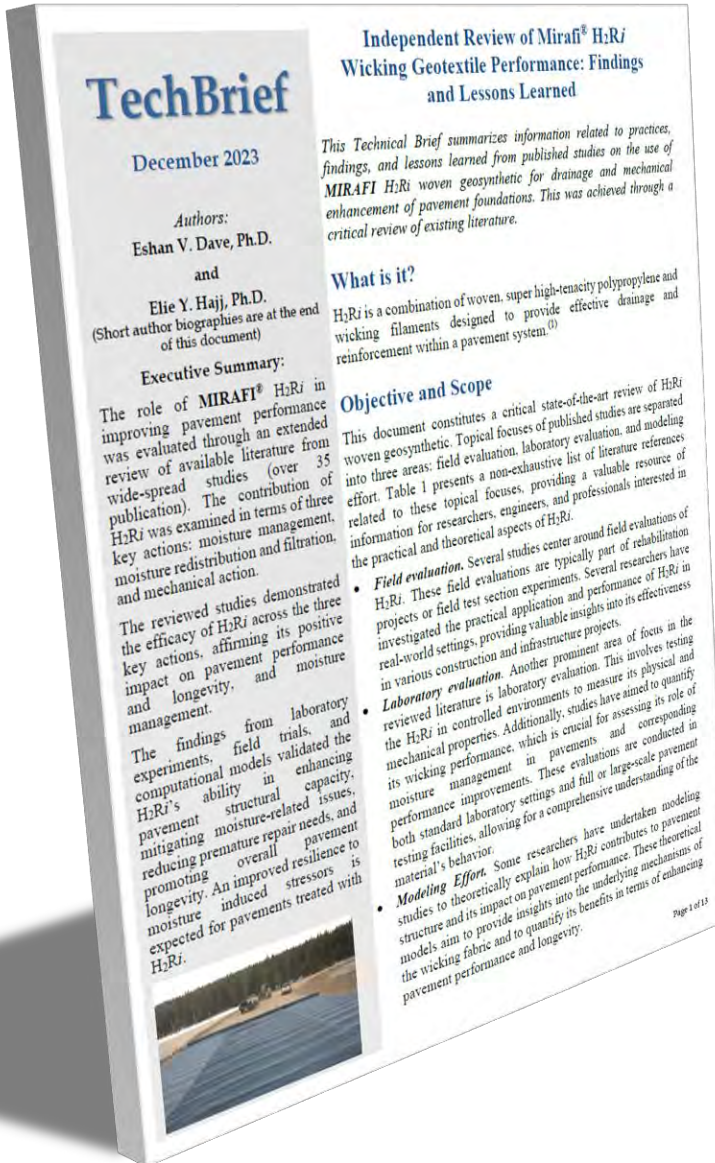
# 116<sup>th</sup> Street Reconstruction

City of Grande Prairie

- Reconstructed in May 2011
- 12,290 Average Annual Daily Traffic (AADT)
- 25-year design ESAL's: 6.0 million
- **2018 Geotechnical Investigation**
  - Longitudinal & transverse cracking
  - Moderate block cracking in wheel path
  - 15 mm deep ruts in AC
- **High plasticity subgrade**
  - Expansive / Fat Clays
  - MC of 25% to 35%





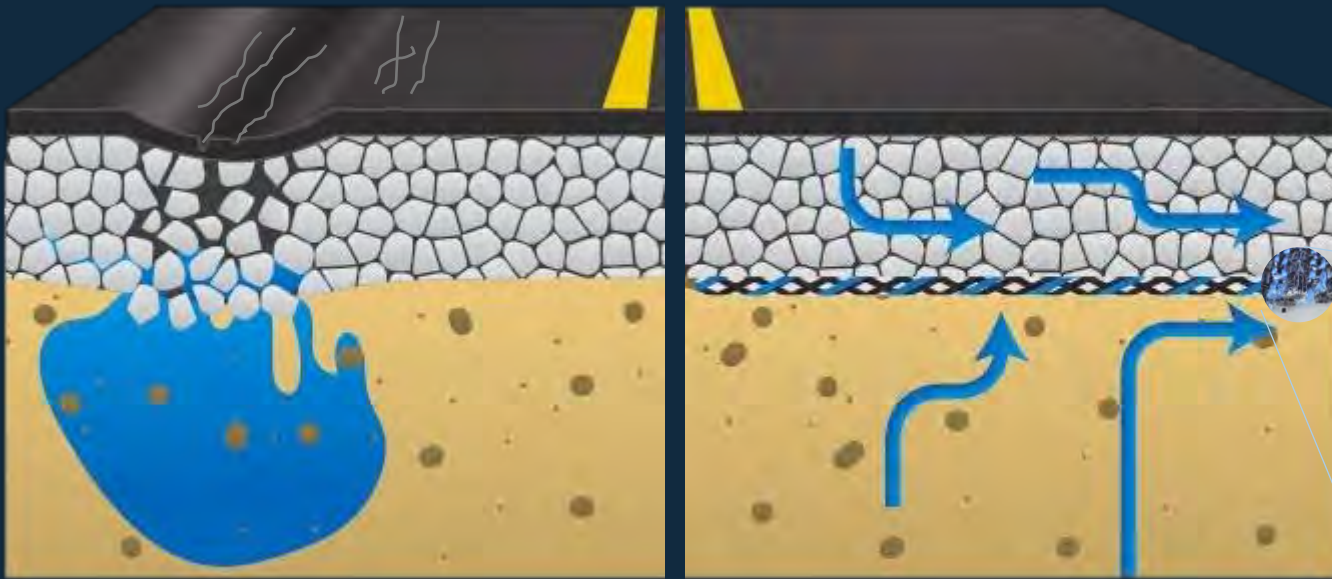


# MIRAFI® H<sub>2</sub>Ri

## Moisture Management Geosynthetic

- Developed for Frost Heave mitigation
- Calibrated as per AASHTO R50-09 for the AASHTO 93 flexible pavement design method.
- “Proven” status on Alberta Transportation RPL
- Studies in more than 35 publications





# Expansive Clay Research

University of Texas at Austin

- 8 Test sections along highway shoulder
- MIRAFI H<sub>2</sub>Ri equalized moisture content over the treated subgrade
- No other geosynthetic generated moisture changes
- MIRAFI H<sub>2</sub>Ri should be used to treat entire road subgrade

The Thesis Committee for Ivan Enrique Garcia Delgado  
Certifies that this is the approved version of the following thesis:

Use of Geotextiles with Enhanced Lateral Drainage in roads over  
expansive clays

APPROVED BY  
SUPERVISING COMMITTEE:

Supervisor:

Jorge G. Zornberg

Amit Bhasin

# How Solmax Got Involved

University of Texas at Austin

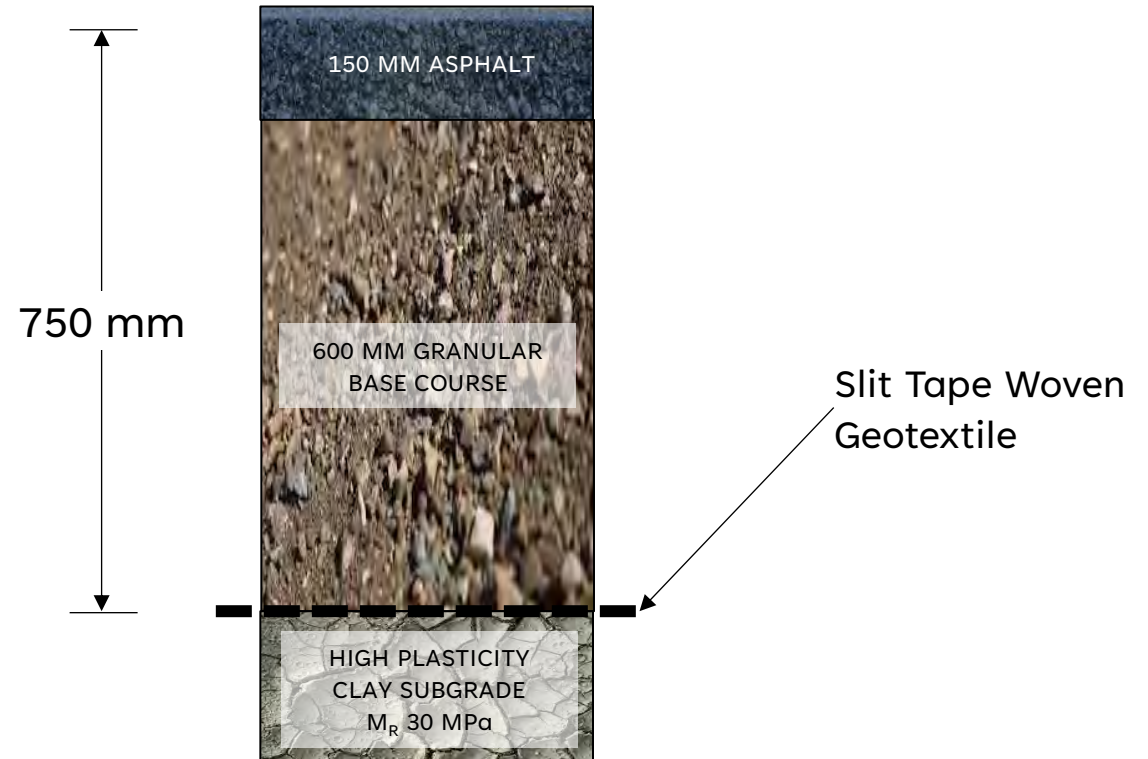




# 116<sup>th</sup> Street Reconstruction

## Geotechnical Report, Pavement Structure

- Increased to 6.4 million ESAL's
- Assumed a subgrade  $M_R$  of 30 MPa
- Deflection testing indicated subgrade  $M_R$  of 10 to 30 MPA
- Potential for shrinking/swelling increases



# 116<sup>th</sup> Street Reconstruction

## Solmax Suggestions, 2019 Proposal

- ESAL's of 9.0 million
- Assumed a subgrade  $M_R$  of 15 MPa
- Addresses potential for shrinking/swelling increases
- Eliminates the need for subcuts
- No subgrade moisture conditioning required.







Exposing Subgrade





Exposing Subgrade





**High Plasticity Clay Soil**





**Installation of Moisture Management Geosynthetic**



***“There’s not a single crack in the pavement after 3 years. I’ve never seen that in my entire career”***

**- Senior Field Inspector**

# Construction Cost Comparison

	2011 Structure	H <sub>2</sub> Ri Moisture Management Treated Structure
Asphalt Pavement	\$27.00	\$33.75
Granular Base Course	\$19.20	\$41.54
Geosynthetic Layer 1	\$7.00	\$15.00
Granular Subbase Course	\$8.80	\$0
Geosynthetic Layer 2	\$7.00	\$0
Geosynthetic Layer 3	\$4.00	\$0
Moisture Conditioned Subgrade	\$10.00	\$0
Total Cost	\$83.00	\$90.29
ESAL's	6,000,000 / 2,200,000**	9,000,000
<b>Cost per Million ESAL</b>	<b>\$13.85 / \$37.70**</b>	<b>\$10.05</b>

\*\* Actual Design Life/Cost

# CPKC Rail Scotford Subdivision





## The Problem

- Significant differential in rail cross-elevation
- High water table
- High capillarity subgrade soils
- Contaminated ballast structure.

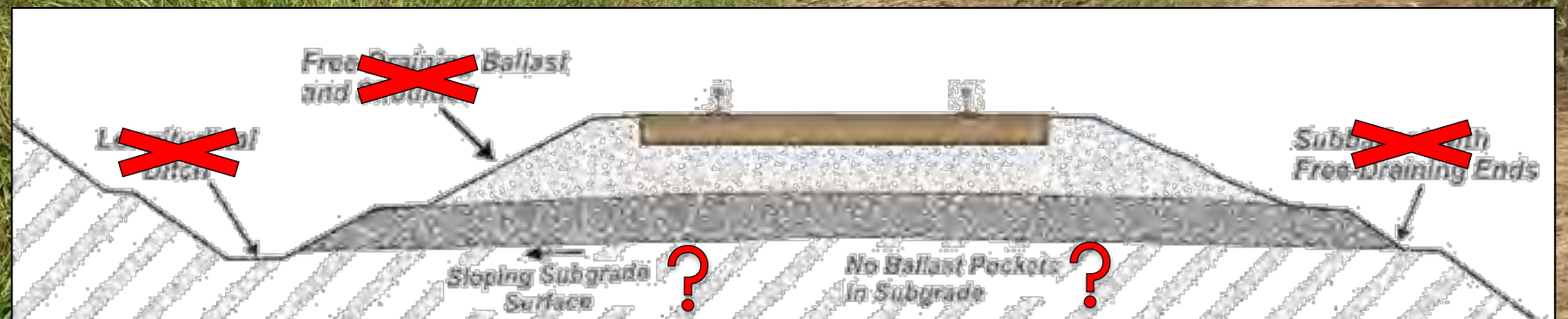
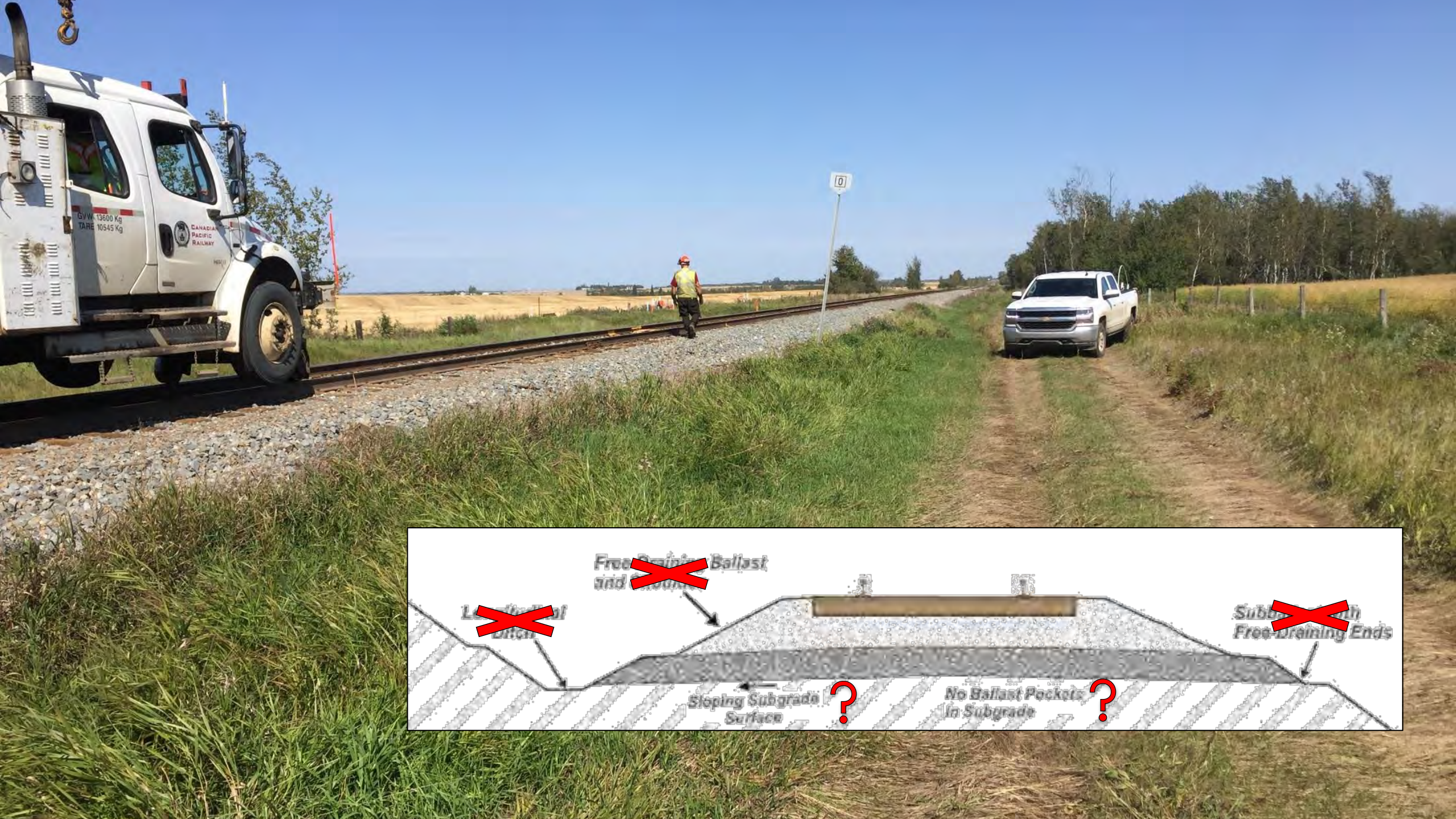










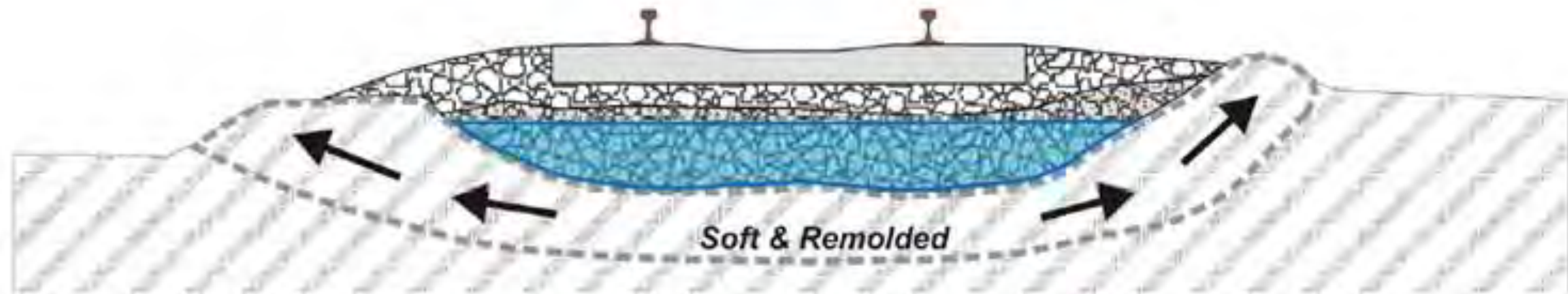








## Site Conditions







**Mud-Pumping**





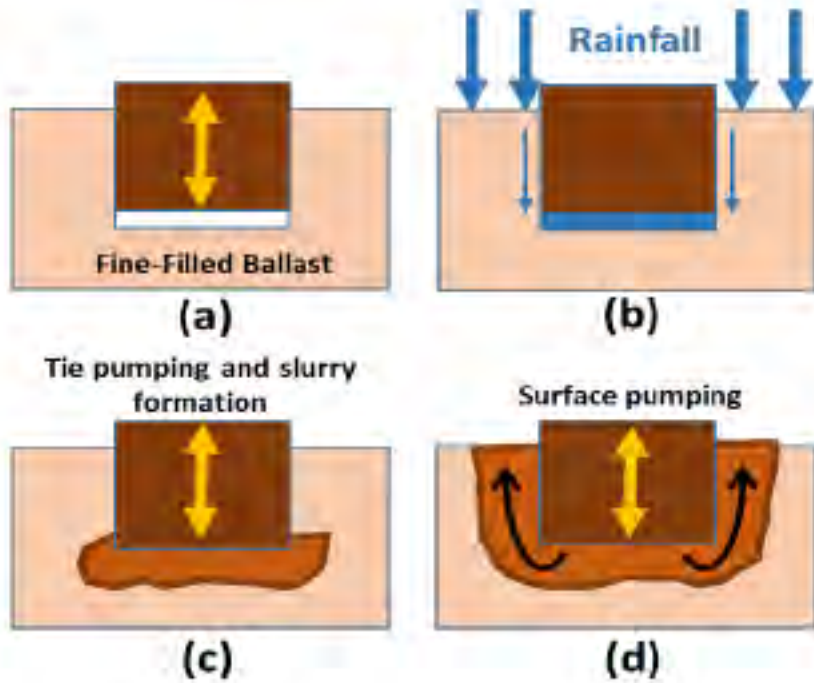
Mud-Pumping



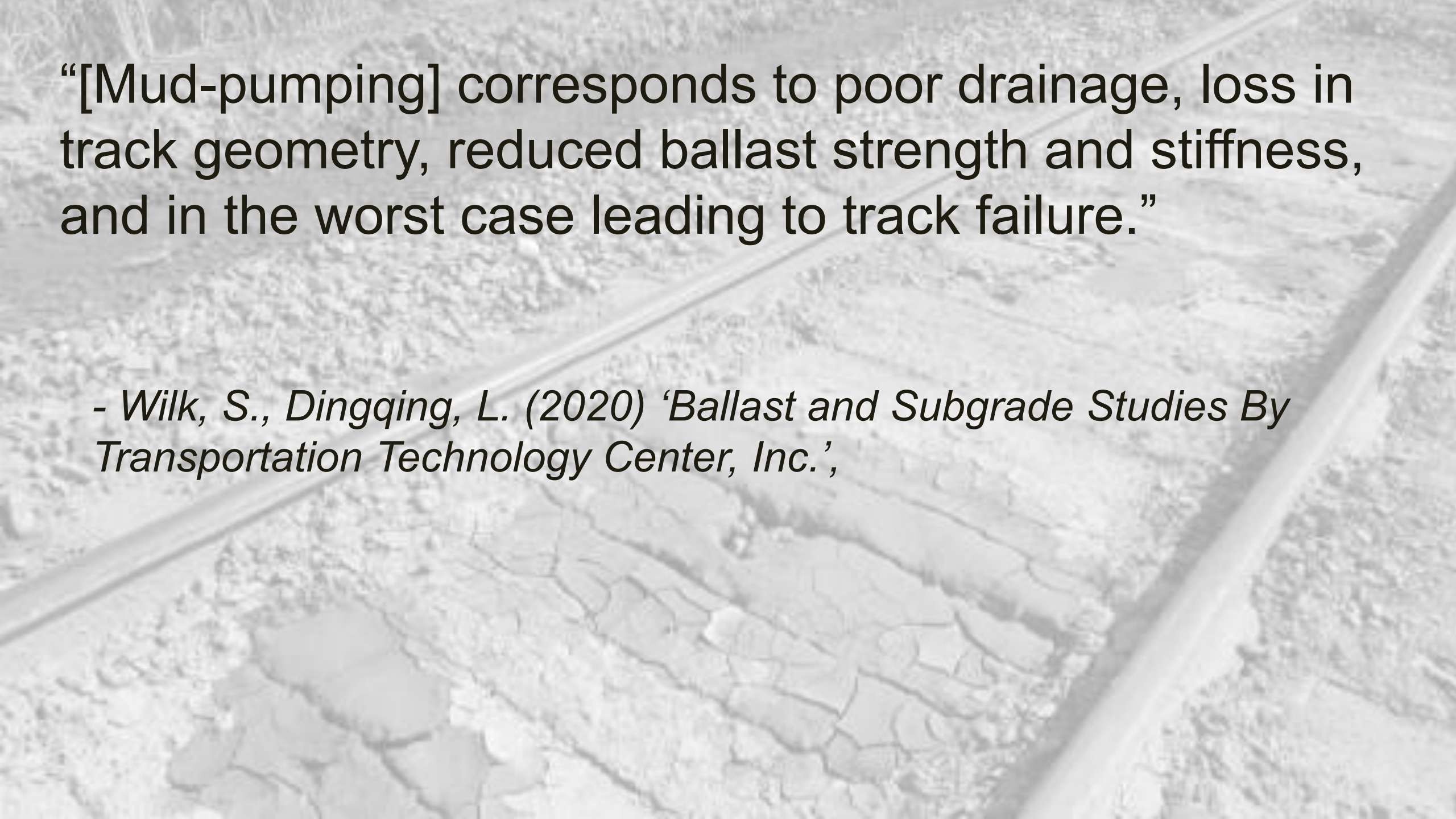




# Mud Pumping



- Ballast
  - wet fines within the ballast
- Subgrade
  - ballast pockets
  - poor external drainage
  - high water table
  - flooding.

The background of the slide is a grayscale photograph of a railway track. The tracks run diagonally from the bottom left towards the top right. The ballast between the tracks is heavily cracked and uneven, suggesting water damage or mud-pumping. The text is overlaid on the top half of the image.

“[Mud-pumping] corresponds to poor drainage, loss in track geometry, reduced ballast strength and stiffness, and in the worst case leading to track failure.”

*- Wilk, S., Dingqing, L. (2020) ‘Ballast and Subgrade Studies By Transportation Technology Center, Inc.’,*





Mud-Pumping





**Ballast Contamination**







## Scotford Subdivision

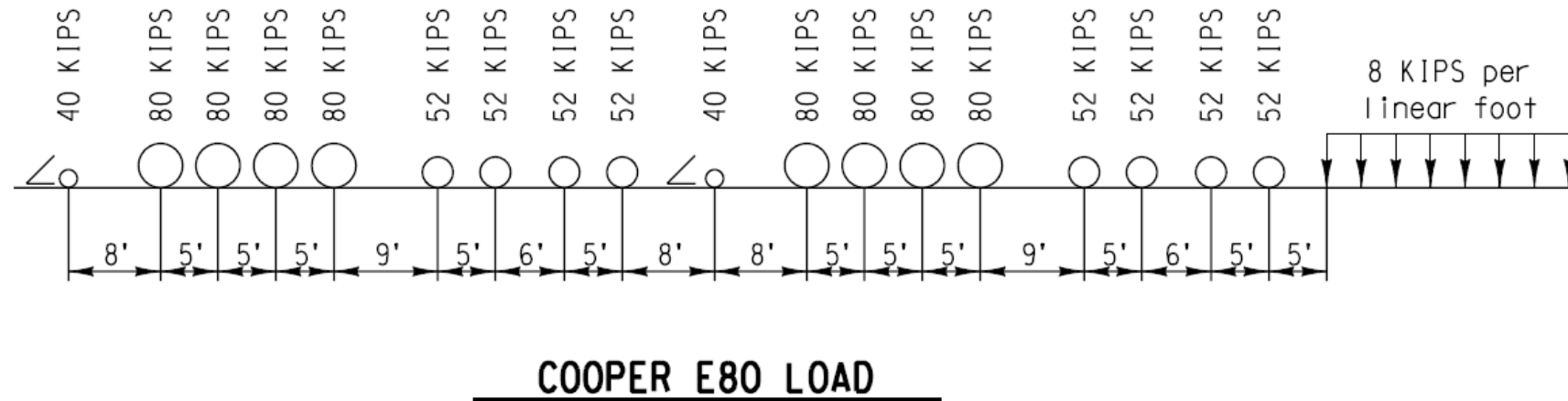
# The Solution

- Support traffic loads
- Address moisture / frost heave issues
- Eliminate need for future maintenance
- Be fast to implement (7-hour Construction Window)





## Limited Field Information



- Train Velocity: 40 MPH (65 km/hr)
- Rail Tie Dimensions: 7" wide x 9" deep x 8.5' (175 mm x 225 mm x 2.6m)
- Rail Tie Spacing: 20" (500 mm)
- Wheel Diameter: 36" (900 mm)
- Rail Loading: Cooper E-80



## Scotford Subdivision

# Design Method

Talbot Equation

$$h = \left( 16.8 \frac{\rho_m}{\rho_c} \right)^{\frac{4}{5}}$$

$h$  = ballast thickness

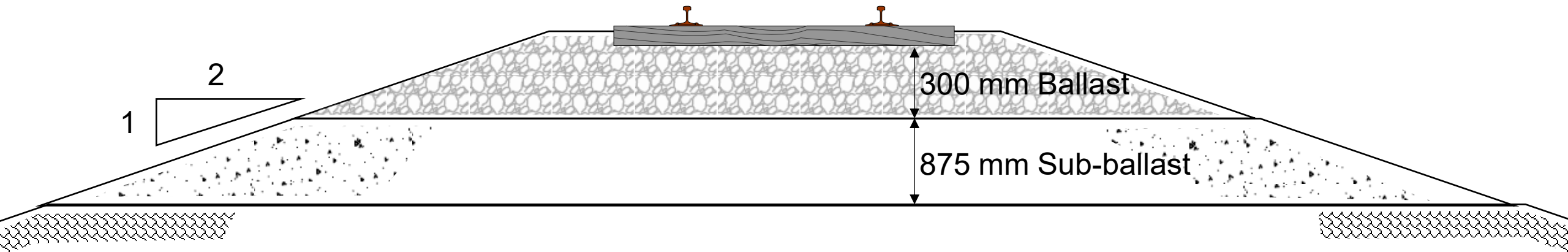
$\rho_m$  = uniform distributed pressure over tie face

$\rho_c$  = bearing pressure on subgrade including FoS





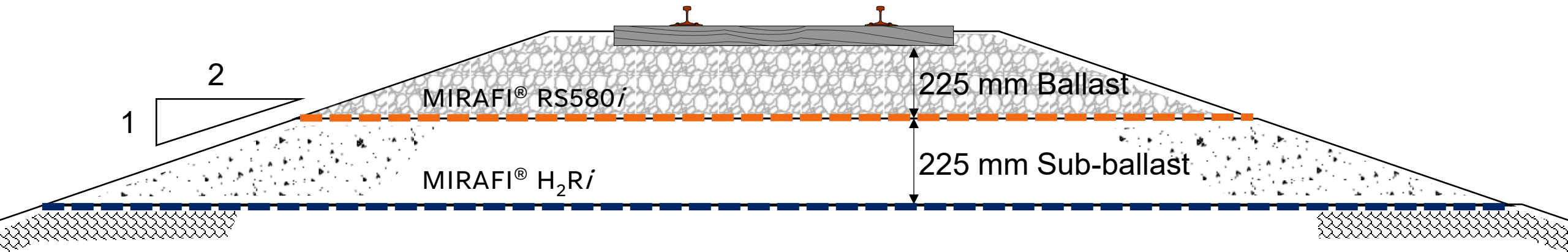
# Unreinforced Ballast Section





# Geosynthetic Stabilized Ballast Section

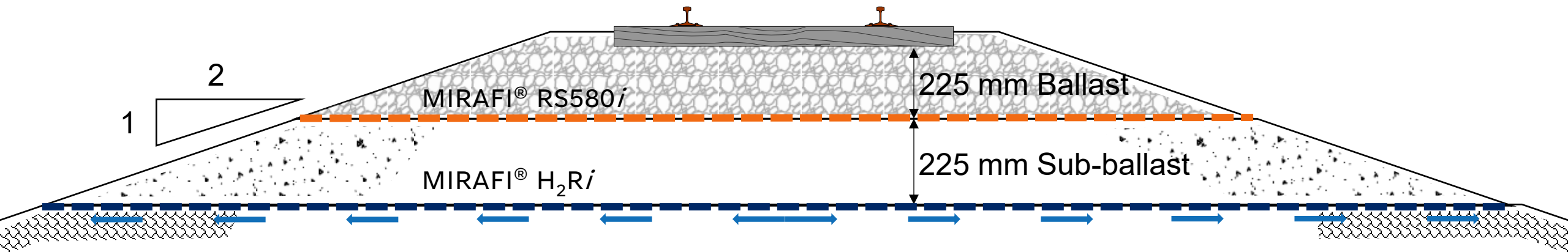
66% Reduction in Ballast & Sub Ballast Requirements  
30% Reduction in overall width





# Geosynthetic Stabilized Ballast Section

66% Reduction in Ballast & Sub Ballast Requirements  
30% Reduction in overall width







Subgrade





**MIRAFI H<sub>2</sub>Ri Moisture Management System deployment**





**Sub-Ballast Compaction**





**Rail Panel Installation**





Lock Doors  
RF-029DOOR3

CP

DN/54

RF-029DOOR4









**6-years Post Construction**





**6-years Post Construction**



# Railway Ground Hazard Research Program



Monitoring of the change of moisture beneath a railway embankment and the effectiveness of a wicking geotextile

- Camila Alvarenga (M.Sc.)
- Parisa Haji Abdulrazagh (Ph.D)
- Michael T. Hendry (Ph.D)



# Railway Ground Hazard Research Program

Monitoring of the change of moisture beneath a railway embankment and the effectiveness of a wicking geotextile

- **9% difference in subgrade water content**

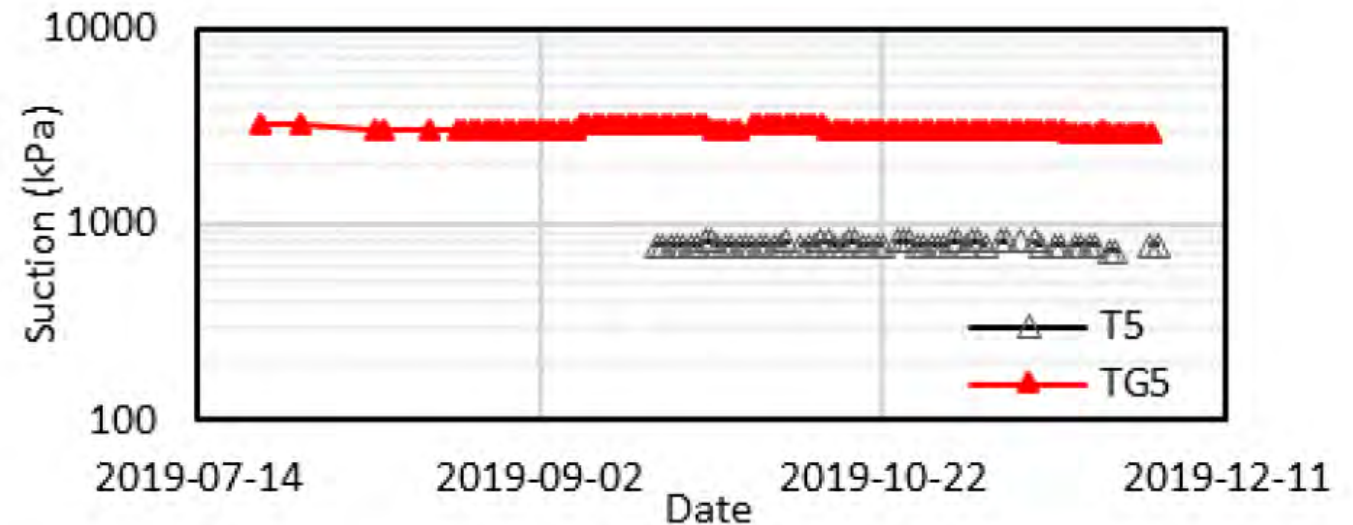
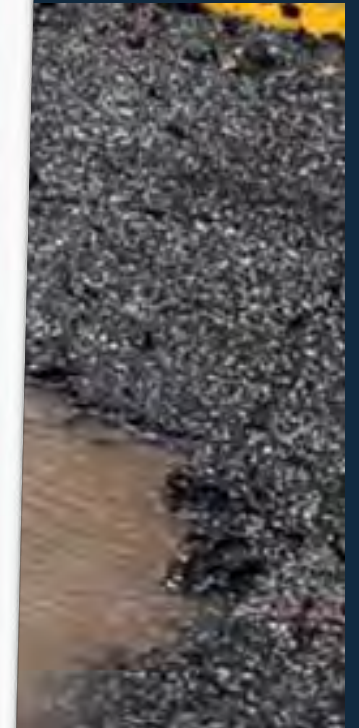
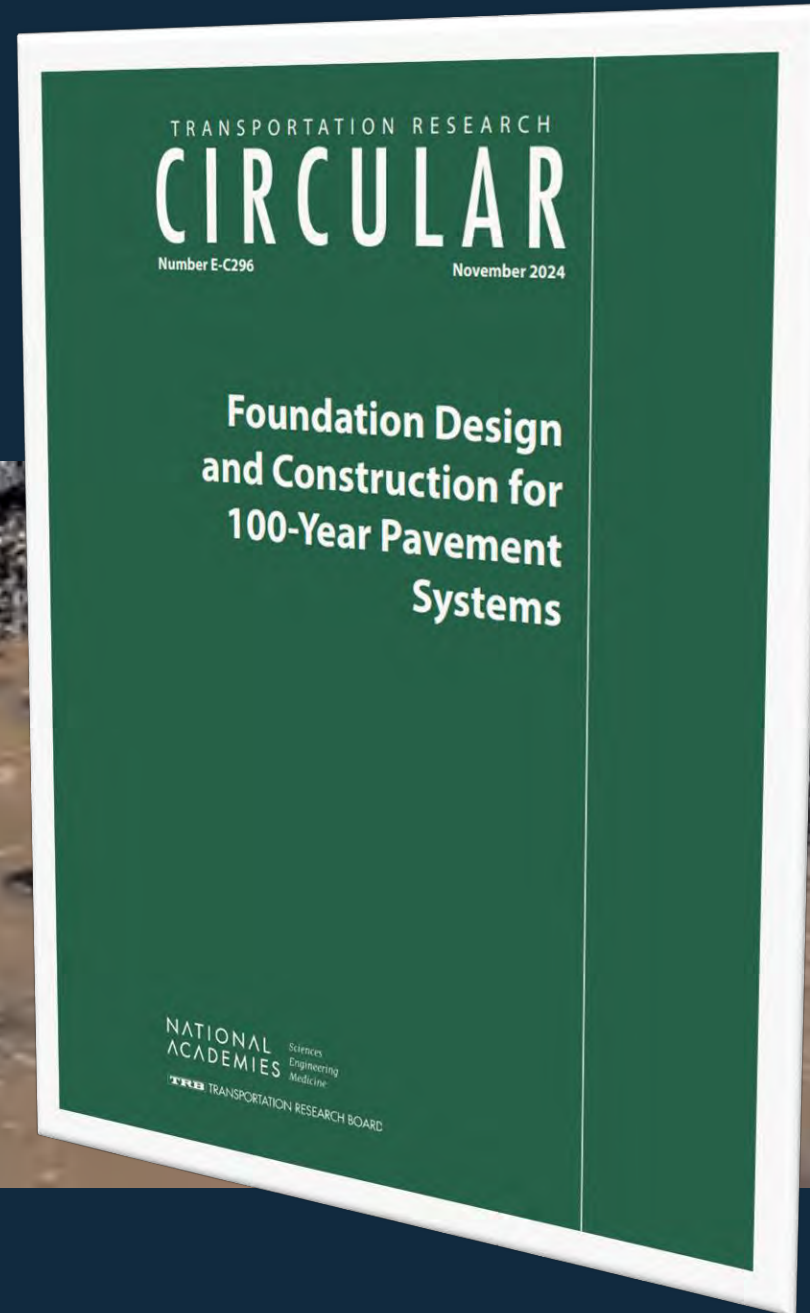


Figure 12. Suction values for control (T5) and remediated section (TG5).









# Thank-you!

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